

MENTAL HEALTH

Advocating for and improving mental health care access and awareness

GOAL: INCREASING ACCESS TO MENTAL HEALTH CARE FOR LOW-INCOME POPULATIONS



MENTAL HEALTH PATHWAY GRANTEES

advancing **HOPE**
and each other
CATHOLIC CHARITIES of Evansville

Enables Catholic Charities to increase the hours and capacity of a part-time counselor and underwrite sessions not covered by sliding-scale fees

Youth **First**

Allows Youth First to expand their staff to serve more students by underwriting the addition of a Clinical Supervisor, plus two Social Workers, one of which will serve Spanish-speaking students

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The evidence is strong for a causal relationship between poverty and mental health. However, findings suggest that poverty leads to mental health and developmental problems that in turn prevent individuals and families from leaving poverty, creating a vicious, intergenerational cycle of poverty and poor health.

– Simon, et. al (2018)
Psychiatric Times

\$400,000 INVESTMENT >>>

9,050 sessions valued at \$1,040,750



SOCIAL DETERMINANTS OF HEALTH



POOR MENTAL HEALTH/POVERTY LINKED

The link between poor mental health and poverty has been established nationally and it holds true locally. Welborn Baptist Foundation's 2021 Greater Evansville Health Survey showed low-income residents are 10% more likely to experience anxiety and depression than their higher-income peers.



BEST-IN-CLASS ASSESSMENT

United Way assembled an expert taskforce of local mental health practitioners and professionals to develop the Request for Proposals and to evaluate applications.



HIGH DEMAND/LOW SUPPLY

Demand for mental health care is alarmingly high, while the supply of practitioners and appointments are limited. This grant was designed to increase mental health care access to the low-income population who have many barriers to access, despite higher rates of mental health concerns.



COMMITMENT TO HIGHEST QUALITY

United Way is working for genuine change in our community. We seek to fund initiatives that are fiscally sound, targeted toward low-income households, and demonstrate the strongest outcomes.

United Way of Southwestern Indiana

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**Projected number of sessions. Value based on median cost of counseling session*